

## ACTIVITY

## WHAT IS AN EFFECTIVE TEAM?

### PURPOSE

This exercise draws on the experiences of the participants to introduce the factors of an effective team.

It is a good introduction to working on Groundrules or Team Agreements.

### DURATION

10-15 minutes

### PROCESS

In the large group:

Ask: ***Think of a time when you were part of a team that was not productive or was not successful.***

***What factors made that team a bad experience?***

Write the words people use on the board.

Ask: ***Now think of a time when you were a member of a team that was productive and successful in achieving results.***

***What factors made that a positive team experience?***

**Write** the factors of positive and negative teams on the board.

### Discussion in teams

Say: ***In your team, talk about your experiences in the both positive and negative team experiences.***

Ask: ***What do we need to do to create an effective team?***

Teams can begin to work on their Groundrules or Team Agreements together.